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THE PLASTIC SURGEON

Extreme Makeover's Dr. Garth Fisher on Britney, scalpel blackjack and his wife's coveted breasts

You see breasts all day. You must get tired of them.

I get tired of boobs that look fake. The curves of a beautiful breast, a back and a woman's butt are the most amazing things. I couldn't be a gynecologist. That would be a problem for me.

Are you a tit man?

Personally, I'm an ass and leg man. Professionally, I like breasts. I work on two types: breasts that nobody's ever touched and breasts that have undergone so many surgeries it's a challenge to make them look normal again.

What's the worst case you've seen?

One patient came to me after 21 surgeries on her breasts. They were numb. She had problem after problem, scar tissue after scar tissue. A cup of coffee fell on her breast and burned through her skin. The next day, one of her implants fell out on the carpet.

Dear God. What other wrongs do you right?

I just had a swimsuit model with a double-bubble deformity. That's where you have two bubbles in the breast. It's a tremendous problem. I've seen patients who have had too many facelifts—you can see that the skin has been pulled too tight and their hairline and ears look manufactured.

Are any Baywatch breasts yours?

Yes, but I can't comment on those patients. I can tell you that Jenna Jameson has some of my breasts.

Is Britney Spears enhanced?

I think so. She changes from one picture to the next. If you gave me pictures of her from four years ago and pictures now, I can tell.

What celebrity breasts do women long for?

Well, it was Pamela Anderson for a long time, but that's dropped off. Now they bring in pictures of Brooke Burke. You see the same pictures over and over again.

But Brooke's your wife. That must be weird.

It was awkward the first time, but I take it as a compliment.

Do you refuse to work on people?

I turn down half the people who come to me for many reasons. One is unrealistic expectations, or maybe they're already too perfect. I have the blackjack rule: If you're a 21, you're perfect. If you're a 10, you take a card. If you're a 15, you think about it. And if you're an 18 or a 19, you should hold.

Which cities have the highest implant rate?

Beverly Hills, Miami's South Beach, New York and Dallas.

Isn't it anticlimactic for guys to find out that a lady's spectacular bosom is the result of surgery?

No. An implanted, augmented breast that's done right is better than the real thing. It is the real thing; it's her now. It's unusual to see a breast that would look better naturally than it would with an implant because of the shape, firmness, fullness and size.

How can guys spot fake boobs?

When the top of the implants look like door knobs. That's the worst. And obviously, when they're out of proportion to the person's body. Unfortunately, people with thin skin may have rippling on the side of the breast when they move and sometimes you can see the edges of the implant. Also, if a woman who was once shy is now wearing low-cut tops and has a big smile on her face, she may have had some work done.

What's the most requested future-cup size?

It's C in America and B in Europe. That's because Europeans think small. How long does a breast enlargement take?

A virgin breast takes an hour and 15 minutes. The size doesn't matter that much. You make the pocket, and you put in what fits comfortably and looks good. Reconstructing a bad breast job can take seven or eight hours.

You wield the scalpel on Extreme Makeover. Defend it.

It's a wonderful thing we do for people. They request it. We don't drag them into our offices. If they

think their nose is too large and it's holding them back, who's to say that pain is worse than a scar from a car accident? Plus, they'd never be able to afford it otherwise.

Why? What's the most a patient has spent with you in one shot?

Someone once spent \$70,000 for a new face and tummy.

What would you change about your show's rival, The Swan?

I'm not comfortable with somebody not being able to look in the mirror for three months after their surgery. I'd never put a patient through that.

On to dudes: How many of your male patients want a bigger dick?

A lot of men want penile enlargement but I don't advise getting it. It's big surgery for a small improvement and there are substantial risks: Infections, blood-supply problems, even death.

Isn't having a big nose good advertising for one's package?

Why should guys get nose jobs?

I leave most noses alone. The only goal with noses is to take the distraction away from it. Our minds have a computer chip in it: We know when something is too big, too crooked, too long or too small. If you saw a person with six fingers, you would know something was off. So I bring the nose into balance with the face. I'm a good example of that: My nose looked like a shark fin before I had it done five years ago. Kids used to clear out of the swimming pool.

Finally, what kind of music do you listen to during surgery?

It depends on what part of the procedure I'm doing. If I have to concentrate, James Taylor; if it's more intense, powering-through work, the Eagles, U2 or KC & the Sunshine Band. It also has to do with the body feature. James Taylor wouldn't work with breasts—eyelids or the beginning of a facelift maybe. The Eagles work with the breast. And KC works anytime. **FHM**

'My nose looked like a shark fin before I had mine done. Kids used to clear out of the pool'

Interview by Scott Cohen
Photograph by Vincent Soye

