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## **BODY PERFECT**

The stars' quick beauty fixes for Oscar night



# THE REAL OSCAR

When stars want to look as great as Halle Berry, they turn to these experts



Here's how it's done

Looking as stunning as Halle Berry did at last year's Oscars sure isn't easy. In fact, it's a team effort. More than two months before the event, trainers, clothes and hair stylists, designers and even plastic surgeons are put on red alert to make every star shine bright on Oscar night. But who are these mystery helpers? *In Touch* reveals all.

## Security

Whether they're fending off overzealous fans or protecting the millions of dollars of jewelry on display, bodyguards like those from Picore & Associates will keep a watchful eye on the stars.

## Plastic surgeons

Dr. Garth Fisher and colleagues are ready to fend off celebrity wrinkles.

## The trainers

Trainers and nutritionists like those at Holistic Fitness need four weeks to whip their clients into shape for Oscar night.

## Skincare crew

Stars start on the "Oscar Boot Camp" at Sonya Dakar's Skin Clinic six weeks before the ceremony. They go through diamond skin peels, deep-pore cleansing and three protein face masks in the final week.

## The jewelers

"I have saved an Oscar look or two by a last minute switch of earrings," says celebrity jeweler Ann Whatu of Rafinity Jewelers.