

LONG, HOT...PREVIEW: WHAT TO SEE, HEAR, & DO THIS SUMMER! (PG. 26)

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image editor | TYLER STEELE

There are very few times in your life when you want to look your age—or worse—*older*. The basics to maintaining healthy skin are fairly simple: avoid tanning, don't smoke, use a daily moisturizer with SPF and drink plenty of water. Though you can keep your body in prime condition well into your senior years, your face can eventually show your age...if you let it! For those looking to outrun time, you don't have to make a deal with the devil. With advances in active ingredients and delivery systems—and an increasing interest in staving off the first signs of aging—many skincare products today are formulated to prevent visible signs of aging by optimizing skin's overall health. Here is a handful that we have tried with positive results.



1 NEOCELL SUPER COLLAGEN™ TYPE 1 & 3

7 oz. \$15 • neocell.com

Thirty percent of the body's protein is collagen. This internal supplement mimics the amino acid structure of our body's collagen types 1 and 3, which are vital to the health of muscles, bones, skin, hair, nails, teeth and eyes. NeoCell uses pharmaceutical-grade collagen without common fillers such as sucrose, starch, corn or dairy products.



2 ASTARA BOTANICAL EYE TREATMENT

1 oz. \$52 • astaraskincare.com

Eyes are called the windows to your soul—but you don't want to be an old soul before your time! Facial skin is thinnest around the eyes and the most susceptible to sporting crow's feet, puffy bags or dark circles. At 1 oz.—double the size of most eye-care products—this treatment uses bioactive ingredients like ginseng, arnica and grapeseed to rejuvenate and nourish skin.



3 CLINIQUE YOUTH SURGE SPF 15 AGE DECELERATING MOISTURIZER

1.7 oz. \$48.50 • clinique.com

Clinique's newest anti-aging treatment makes use of sirtuin technology to help slow down the visible signs of aging while simultaneously promoting natural cellular repair and providing sun-damage protection. This formula is available in versions for skin types that are dry, dry-combination and oily-combination.



4 PEVONIA BOTANICA LIGNE HOMME—SPA CARE FOR HIM AGE-DEFYING CAVIAR BALM

1.7 oz. \$73.50 • pevoniacom.com

Though rich in feel, this daily-use anti-aging balm easily absorbs into skin due to its micronized ingredients, including caviar extract, alpha-lipoic acid and marine collagen, which work together to smooth, firm, energize and protect skin from free-radical and environmental damage.



5 CELLCEUTICALS SKIN TREATMENTS SYSTEM

\$80 for a three-product regimen • cellceuticalskincare.com

This three-product system from *Extreme Makeover* plastic surgeon Dr. Garth Fisher contains GFP™ Cellular Complex and is clinically proven to show results in two weeks. The set includes a gentle gel cleanser and two anti-aging serums that address preventive and restorative aging concerns.