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LIFE STAR
SARAH SHAH

Charlize De-Puffs

THE SECRET Tightening up with the 8 Step Anti-Gravity Complexion Treatment (\$115) at Ole Henriksen Face/Body in West Hollywood. This multi-step facial includes a lymphatic drainage massage to draw out fluid and tone facial muscles; a gentle peel with almond powder, honey, oatmeal and other natural exfoliators; and a soothing mask with aloe, chamomile and cucumber. Skin-firming serums and creams for the face, eyes and neck follow, as well as a hot-cold treatment to stimulate blood flow and enhance ingredient absorption. **“Charlize loves this because she drifts off to a place of peace and quiet,”** says spa owner Ole Henriksen. “She comes in every four to six weeks, or on the day before a big event. Often, she brings her mom too.”

TRY THIS AT HOME! Ole Henriksen MicroMini Peel System (\$95; olehenriksen.com), the same peel used at the namesake spa. ▶



CHARLIZE THERON

FOR MORE SKIN SECRETS, GO TO INSTYLEWEDDINGS.COM

SKIN PROBLEMS SOLVED!

The latest technology and ingredients are packed into the newest crop of skin boosters. N.Y.C. dermatologist Doris Day explains the benefits

1. FLAKY SKIN

PRODUCT Estée Lauder Time Zone Line and Wrinkle Reducing Creme SPF 15, \$58; esteelauder.com

WHY IT WORKS Sirtuin EX-1, a rice-extract complex, defends against the daily stress that leads to premature aging while hyaluronic acid, a humectant, plumps skin.

2. ACNE

PRODUCT Révive Réparatif Acne Treatment gel, \$125; reviveskincare.com

WHY IT WORKS This targets both breakouts and wrinkles with a combination of salicylic acid, peptides, and a mix of retinol and antioxidants. Bonus: Unlike many retinol products, it doesn't irritate the skin.

3. SUN DAMAGE AND FINE LINES

PRODUCT Cellceuticals Cellgenesis Regenerative Skin Treatment, \$80; cellceuticalskincare.com

WHY IT WORKS Antioxidant vitamins C and E, collagen-stimulating retinols and a peptide are formulated into a “nanoemulsion” that delivers ingredients deeper into the skin.

4. MELASMA (BROWN SPOTS)

PRODUCT Perricone MD Pigment Corrective Topical cream, \$95; perriconemd.com

WHY IT WORKS DMAE, an amino acid, strengthens cell membranes. Brightening ingredients include vitamin C and Sepiwhite, a nonhydroquinone spot lightener.

